

May 5, 2006 Volume 65, Issue 18 F.E. Warren Air Force Base, Wyo.

May is Asian Pacific Heritage Month

Meet the new commander

Nomination for AFSPC CC

MEET

WARREN'S **NEWEST NCOS**



Dreams, challenges

CFD: Behind the Gates

CFD Committee tours Warren 11



Warren donating computers to guard



Servicemembers remember Holocaust



Ready for Guardian Challenge?



Commander's Action Line

A master sergeant from the 90th Contracting Squadron recently asked Col. Michael Carey, 90th Space Wing commander, why the base dental clinic is not scheduling appointments or referring people off-base for dental issues until July.

Thank you for your question about the dental clinic. I apologize if the situation was not explained to you clearly at the time you called for an appointment. As with every unit on base, there are many factors in the customer service equation. We work constantly to balance manning issues and the need to maintain a world-wide qualified force.

Dental care is based on the triage concept, which requires care of the most severe problems first. I assure every active duty member at Warren that any dental emergency is seen promptly (pain, bleeding or infection). Some patients in dental Class 2 may need to wait a couple of months to be seen at the dental clinic. Class 3 patients, those with conditions which may result in an emergency within one year, are routinely authorized an off-base referral.

In addition to our commitment to provide quality dental care on base, we also deploy dentists, and they move/PCS to other assignments around the world. Based on our patient population, we are authorized seven dentists. Presently we have four, and we will lose two within the next six weeks. This loss is expected



Courtesy photo

to cause a backup in appointments, and some routine care will be delayed to allow for the care of higher priority patients. Replacement dentists are expected: one in late June and one in August.

We remain committed to meeting your needs and will work to ensure you have all the information and access you need to maintain your health. If you have questions regarding dental treatment, contact the Base Dental Services at 773-5624

Have a question for Col. Carey? Call 773-4422 or email your inquiry to actionline@warren.af.mil.

Street Talk

The Warren Sentinel asked Warren members, "What would you do if you were wing commander for a day?"



"I would try to do more for the people on base - to see how much I could help the community."

Maj. Conrad Patrao, 90th Medical Operations Squadron



"I'd give everyone the day off."

Tech. Sgt. Samantha Perez, 90th Medical Operations Squadron



"I'd make some repairs to the PRP program. It's too sensitive for the security forces career field."

Senior Airman Spencer Wheeler, 90th Missile Security Forces Squadron



"I'd make sure people get their passports done quickly because that's what's holding me up from going overseas,"

Senior Airman Edward Lopez, 90th Missile Maintenance Squadron



Col. Michael Carey
Commander, 90th Space Wing

Maj. Laurie Arellano
Chief of Public Affairs
Capt. Nicole Walters
Chief of Internal Information
Tech. Sgt. Steve Goetsch
Superintendent of Public Affairs

Senior Airman Lauren Hasinger Editor Senior Airman Tessa Cubbon Staff writer

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Warren's newest NCOs

Staff Sergeants

Adam Diaz, 90th Maintenance Group
Nathaniel Goddard, 90th Security Forces Squadron
Esther Grajeda, 790th Missile Security Squadron
Joshua Hayes, 90th Security Support Squadron
Joseph Hickman, 90 MSFS
Wallace Litzinger, 790 MSFS
Stephen Nielsen, 319th Missile Squadron
Tambria Pritchett, 790 MSFS
Keith Prouty, 90 MSFS

Christian Roblewsky, 90th Missile Maintenance Squadron Brad Worley, 90 MMXS



Jack Cohenour III, 790 MSFS
Matthew Gebo, 90 MMXS
James Harwell, 90 SSPTS
Daniel Parker, 90th Civil Engineer Squadron

Technical Sergeants

Master Sergeants

Richard Conrad, Nuclear Space Tactics Training Center
Michael Craig, Twentieth Air Force
Michael Federer, Twentieth Air Force
Shane Murray, 90 MSFS
Robert Pearson, 90th Mission Support Group
Rhonda Sargent, 90th Mission Support Squadron
Timothy Whetsell, Twentieth AF
Michael McCarty, 90 MMXS



Quarterly awards

Congratulations to the 90th Space Wing Quarterly Award winners for the first quarter of 2006.

Airman 1st Class Rommel Zambrano, 90th Maintenance Group, Honor Guard Member of the Quarter

Senior Airman David Nunes, 90th Mission Support Group, Airman of the Quarter

Master Sgt. Sean Cope, 90th Operations Group, NCO of the Quarter Master Sgt. Joseph Krempasky, 90th Mission Support Group, SNCO of the Quarter

Capt. John Jansheski, 90th Security Forces Group, CGO of the Quarter

April Deane, 90th Space Wing, Category I Civilian of the Quarter Frank Neumann, 90th Medical Group, Category II Civilian of the Quarter

Eugene Followell, 90th Mission Support Group, Category III Civilian of the Quarter





WARREN AFB, WY, JSP

www.warren.af.mil

6 x 2.5

Sentinel • May 5, 2006 News

Briefs

CGO opportunity

Looking for an opportunity to expand on your leadership and enhance your Air Force knowledge? The company grade officer's council is sponsoring an Officer's Career Broadening Action Group. The purpose is to increase the knowledge base of other units and their impact on mission success for CGOs. The process will run as follows: Interested CGOs will select the wing/vice, group or squadron commander of their choice to shadow for a day. Then contact either Capt. Rickie Banister at 773-4110 or 1st Lt. Tyrone Bess at 773-4901 for a career enhancement opportunity like no other. The CGO will be exposed to different leadership styles, decision making process and a day in the life of another unit outside of his own.

As a reminder, the CGOC meets every third Thursday, at 3 p.m., in Ground Zero at the Trail's End Club.

Housing survey

All base housing residents will receive a survey from CEL Associates late April or early May. This survey is intended to determine members' satisfaction with government housing. It will help identify strengths and weaknesses to make base housing the 'preferred choice' for military members and their families.

For more information, call the housing office at 773-5825 or 773-5814.

Essay contest

Camp Island Lake (www.islandlake.com), located in the Pocono Mountains of Pennsylvania is holding a summer camp for 9 to 15 year old military dependents Aug. 2 to 15. There are five Air Force slots being given away via an essay contest. Interested youth must submit a one to two-page essay addressing the question, "What it would mean to me to get to go to Camp Island Lake Camp this summer." Youth affected by current or recent deployment of a parent should indicate such in their essay and will be given higher priority for camp selection.

All entries must be submitted electronically by June 2 to Candace Bird at candace.bird@pentagon.af.mil or Eliza Nesmith at eliza.nesmith@pentagon.af.mil.

Nomination for AFSPC CC

General Kevin Chilton to be next Air Force Space Command Commander

Courtesy Air Force Space Command Public Affairs

PETERSON AFB, COLO.— Secretary of Defense Donald Rumsfeld announced today the president has nominated Lt. Gen. Kevin Chilton to the U.S. Senate for appointment to the grade of general with assignment as Commander, Air Force Space Command.

If confirmed, General Chilton will become the 13th commander of Air Force Space Command since its creation on September 1, 1982. General Chilton's biography can be found on the Web at www.af.mil/bios.

Information about Air Force Space Command can be found on the web at http://www.peterson.af.mil.



Courtesy photo





Construction Corner

Gate construction

Due to construction, Gate 1 will be down to one lane of traffic (both inbound and outbound) during the hours of 7:45 a.m. to 4:30 p.m. weekdays through Monday. Gate 5 will be open 6 to 8 a.m. weekdays for inbound traffic and 3:30 to

5 p.m. for outbound traffic, and Gate 2, which is the preferred gate for public usage, will be open 6 a.m. to 6 p.m. weekdays.

Explosive materials clearing

All lands on Warren located north of Central Ave without paved road access, except the horse stables and the Gravel Road Training Course, are closed to all personnel due to the clearing of explosive materials. Horse riders cannot ride to the north or west of the stables. This closure is for the safety of all personnel. For access to any gravel road or any other location in

this area, call the contractor at: 214-7503, 634-5036, 615-618-5269 or the Environmental Flight at 773-4147

This closure has been ordered by the base commander due to exposed explosive hazards. For more information, contact the 90th Space Wing Safety Office, at 773-2712. May is Asian Pacific American Heritage Month – a celebration of contributions to the United States and the ...

Dreams, challenges for Asian Pacific Americans

1st Lt. Maura Sillas Military Equal Opportunity office

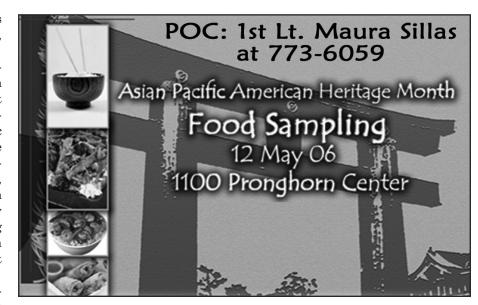
May is Asian Pacific American Heritage Month; a celebration of Asians and Pacific Islanders and their contributions to the United States. The theme for the 2006 Asian Pacific American Heritage celebration is "Dreams and Challenges for Asian Pacific Americans." According to DoD Directive 1350.2, Asians or Pacific Islanders may have origins in any of the original peoples of the Pacific Islands, Far East, Southeast Asia, Philippine Islands, or the Indian subcontinent. Other countries or areas include Laos, Thailand, Fiji, Tahiti, Solomon Islands, Indonesia, Cambodia, Samoa, Vietnam, Sri Lanka, Marquesa Islands, New Guinea, Tonga and Guam. "Native Hawaiian and Other Pacific Islander" refers to people having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands. It includes people who indicated their race or races as "Native Hawaiian." "Guamanian or Chamorro," "Samoan," or "Other

Pacific Islander," or wrote in entries such as Tahitian, Mariana Islander, or Chuukese.

This culture has made extraordinary contributions to the American society. Many Asian immigrants first arrived in America in 1843. One major contribution of the Asian Pacific American culture was during the transcontinental railroad construction. Thousands of immigrants, mainly men, came to America in hopes of returning home as wealthy and respectable men; thus finding work on the railroad system. On May 10, 1869 this massive project was completed in record time.

Despite widespread discrimination, prejudice and government restrictions, Asian immigrants were the main contributors of the transcontinental railroad construction. They represented 12,000 out of the 14,000 railroad workers who connected the east to the west.

More than 100 years after the first immigration, Representatives Frank Horton of New York and Norman Y. Mineta of California led the process to proclaim the first ten days of May as Asian Pacific Heritage Week.



Following their courageous efforts, senators Daniel Inouye and Spark Matsunaga introduced a similar bill in the Senate. Not only was this week-long celebration passed, but in May 1990, this turned into a month-long celebration when President George H. W. Bush approved May to be Asian Pacific American Heritage Month. This was finalized on October 23, 1992 when Public Law 102-450 designated May of

each year Asian Pacific American Heritage Month.

This is a time to honor and give thanks for this culture's contributions to America's growth, development, and fight for freedom. This month is celebrated with community and base activities, and educational activities for students and children. Join the committee on May 12 at 11 a.m. in the Pronghorn Center for the celebration of Asian Pacific Americans.

IT'S GOOD TO GIVE

Tech. Sgt. Matthew Norris, 153rd Communication Flight, loads one of the last computers being transferred to the Wyoming Air National Guard from the Warren Equipment Control Office. Warren sent 116 computers turned in by various on-base units to WYANG, saving them approximately \$199,000 according to Sergeant Norris



News

During a female-only mentoring session, Airmen from the 90th Security Forces Group are instructed to ...

Take charge

AT WARREN, THERE

ARE 161 FEMALE

AIRMEN SERVING IN

SECURITY FORCES – OUT

of 1205 security

FORCES AIRMEN.

Capt. Nicole Walters 90th Space Wing Public Affairs

The 90th Security Forces Group hosted its first mentoring session named 'Fe-

male Advice for Careers Today' at the Trail's End Club April 27.

"Mentoring is vital to the success of our Airmen," said Col. Allen Jamerson, 90th Security

Forces Group commander. "Our people are our most important asset: by investing in them, we help them grow and become even more successful."

The mentoring session, complete with pizza and beverages, gave female security forces Airmen an opportunity to hear advice from security forces members Senior Master Sgt. Yvonne Taylor, Tech. Sgt. Toni Federer, Staff Sgt. Catherine Reatherford and base education officer Mary Rodgers.

Airmen were also given

the chance to ask questions and seek a d v i c e about their career and educational opportunities.

"Don't

sit on the back of the bus," stated Staff Sgt. Elizabeth Carter, 90 SFG. "Drive the bus. Take

In November 1971, the first six women graduated from the Air Force's law enforcement course, and the integration of female Airmen into the career field

charge of your career."

progressed.



Airmen from the 90th Security Forces Group ask questions and seek advice during the first-ever female mentoring session here April 28. The Airmen discussed life as a woman in security forces.

Currently at Warren, there are 161 female Airmen serving in security forces out of 1,205 security forces Airmen.

"It's a very rewarding job," stated Senior Airman Toni Smith, 90th Security Forces Squadron.

"This mentoring session was good; it's nice to know the leadership cares and is investing in us," she said. Life as a security forces member can be challengingespecially for a female.

Females are treated the same as the males, which means they have to carry their equipment, which can be heavy, bulky and cumbersome. Female security forces members also face other unique issues.

While females in the security forces career field

have had many successes, they've also had unfortunate markers including tragedy: On Aug. 20, 1991, Airman Laurie Lucas became the first security policewoman killed in the line of duty.

Airmen found the session rewarding and the event was heralded a success.

Another female mentoring session will be scheduled in the near future.



ALWAYS REMEMBER

Warren members participate in a retreat ceremony here April 28. The retreat ceremony was the closing event for the week-long celebration called "Days of Remembrance," which honored Holocaust victims and survivors.

Photo by Berni Err



SNEAK PEEK

Ken McCann, General Chairman of the Cheyenne Frontier Days Committee, tries on battle gear with the assistance of Airman 1st Class Andreas Niemetschek, 790th Missile Security Forces Squadron, as part of a "Behind the Gates" tour here Saturday. "Behind the Gates" is part of a bilateral exchange with the CFD committee to help members better understand Warren's mission and people. In exchange, the committee members provide a "Behind the Chutes" tour for military members of the CFD committee.





· MILITARY ON BIXES ·

MOTORCYCLE & Car SHOW All Bikers and Bike Models Welcome



May 13 10 a.m. to 2 p.m. **Commissary parking lot**



Contests with prizes for Best in Show and other categories

Burgers and drinks provided by First Sergeants Group Sponsored by 90 SW/SE to PROMOTE AWARENESS and SAFETY

Questions Contact: Master Sgt. Cope at 773-4291, Tech. Sgt. Johnson 773-2927 or 90 SW/SE 773-1842

Obesity

Huge problem in today's house pets

Army Sergeant Daniel

90th Medical Support Squadron

Is your dog or cat overweight? A recent study in the United States has shown that 1 out of 4 dogs and cats presented for veterinary care in the United States are overweight or obese. This terrible disease of pets is commonly overlooked, and its detrimental effects to animal health are largely underestimated by pet owners. Obesity is defined as an increase in body weight as the result of an excessive accumulation of fat. Usually, obese animals are those that weigh 20 percent or more than their optimal body weight. For small dogs and cats, this could mean as little as one or two

pounds overweight, or 12 to 15 pounds in most large

Obesity can predispose your pet to many other health problems. Overweight pets are more likely to have heart problems and endocrine diseases like Diabetes. Overweight pets commonly have many orthopedic problems, such as arthritis or musculoskeletal pain.

Obesity is proven to have adverse effects on the immune system and it predisposes pets to exercise and heat intolerance. Additionally, obesity can lead to breathing difficulties, reproductive difficulties and increases the likelihood of a pet getting certain types of cancer.

The most common of these conditions the Warren vet clinic sees in obese pets are endocrine problems, arthritis, cancer and heart problems. Just as it is in humans, obesity is a life-threatening disease in pets.

What causes a pet to become obese? Obesity is usually caused by many factors. First, a pet may have an underlying disease such as hypothyroidism which may be a causative factor in obesity. Second, many pets get overweight as they age. These pets begin to eat more and exercise less, thus they obviously become overweight. Feeding a young, healthy dog the incorrect type or amount of food (such as table scraps) is one of the most common causes of obesity, and other factors such as genetics and neutering can predispose pets to obesity. It is important that every overweight pet be seen by a veterinarian to assess the health of the animal,

to determine the cause of obesity, and to create a treatment plan to help the pet lose weight.

We can prevent or manage obesity in pets the same way we do in people, which is a proper balance of diet and exercise. We use many criteria to determine the right amount and type of food and exercise for the obese pet, including age, breed, weight and concurrent health problems. Most overweight patients are fed special types of dog food that have reduced calorie and fat content. Feeding a smaller amount of a high calorie food, usually is unsuccessful in reducing the body weight, and may lead to vitamin and mineral deficiencies.

Exercise is also a critical part of a successful weight loss program. Most pets need at least 20 minutes per day of leash walking or equivalent exercise in order to lose weight. Without exercise, food reduction alone cannot make the pet lose the appropriate amount of weight and keep it off. A successful weight loss program will require dedication from both the pet and owner, and several visits to the veterinarian. If you are an authorized user of the Warren Veterinary Treatment Facility, they can assess your pet's health, and help you get started on a weight loss program that is right for your pet.

For more information or to make an appointment, call 773-3354.

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Around the Air Force



WE REMEMBER

Members of the Oklahoma Governor's Color Guard perform the POW/MIA ceremony during the National Guard Association of Oklahoma's Military Ball in Oklahoma City on April 22. This table is set for prisoners of war and those missing in action, from all wars. The table remains empty in hopes of their return. More than 500 people attended the annual event.

Reward of dangerous job is saving lives

Master Sgt. Will Ackerman 447th Air Expeditionary Group Public Affairs

SATHER AIR BASE, Iraq
-- One might think explosive
ordnance disposal troops are
adrenaline junkies, but they are
meticulous about their work and
don't take unnecessary risks.
However, because they deal with
explosives placed by the enemy,
the risk is real.

"We all know the consequences," said Tech. Sgt. William Sistler, a 447th Expeditionary Civil Engineer Squadron EOD team chief. "But we don't think about it."

Since January, the EOD Airmen here responded more than 340 times in an area of responsibility covering 500 square miles. Even though they face the chance of injury or death every time they respond, their safety record demonstrates the focus they have, and the type of people in the career field.

"They are the kind of people who think on their feet," said Senior Master Sgt. Dale Moser, 447th ECES EOD superintendent.

Until operations Iraqi and Enduring Freedom, Air Force EOD's primary mission was base sup-

port, which included disarming hung flares on aircraft or investigating suspect packages. Now they perform what used to be primarily an Army mission - safing explosives on the battlefield.

The career field did not lose an Airman performing a safing procedure since Vietnam, Sergeant Moser said, until March 29. Tech. Sgt. Walter Moss, an EOD team chief, died while trying to safe an explosive device near Baghdad. "It makes you think, 'It could happen to anyone," Sergeant Moser said. But sometimes 'accidents happen.'

Although the team has taken the loss hard and took a few "mandatory" days off to deal with the emotional side of the incident and review their procedures, they know this is one of the dangers they face.

"There is not a whole lot we can change in the mission," said Tech. Sgt. John Hill, an EOD team chief. "We looked at the scenario, and we doubt any of us would have done anything different."

Another threat is incoming small arms or mortar rounds while they are trying to safe an explosive device. An equal danger is getting to the place where the device is located. Sometimes they "FOR EVERY IED
WE TAKE CARE
OF, ONE MORE
WON'T EXPLODE;
IT WON'T TAKE
OUT ANOTHER
CIVILIAN OR
COALITION
TROOP."

William Sistler
447th Expeditionary Civil
Engineer Squadron

- Tech. Sgt.

pass four or five IEDs to get to their initial response location.

"Many of us consider getting to the IED a bigger threat than the IED itself," said Senior Airman Amos Smith, an EOD technician. "We are pretty skilled in getting across bridges, where sometimes our vehicle is slightly wider than the bridge and the tires are hanging over the edge on both sides."

The roads also become slick when it rains, occasionally causing vehicles to slide into one of the numerous canals.

Regardless of the threat, they try to mitigate the risks. They use high-tech robots with mounted cameras and mechanical arms to view and disarm explosives. But sometimes they still have to take the walk to safe an explosive device.

"People who have never taken that long and lonely walk down to safe an IED or a roadside bomb will never come to fathom how it feels," Master Sgt. J.T. Thrower wrote in a message that was read at Sergeant Moss' memorial service April 1. Because they face these dangers each mission, the EOD Airmen trust each other.

"We put each other's [lives] on the line," said Sergeant Sistler. "If our team leader says it's good to go downrange, we have to trust that he or she is right."

They also realize the value of their work.

"For every IED we take care of, one more won't explode," Sergeant Sistler said. "It won't take out another civilian or coalition troop."

If you ask EOD Airman to quantify why they put their lives in danger for people they don't even know, the answer is simple.

"It's just what we do," Sergeant Sistler said.

Warren member serves and protects

Base patrolman spends off-duty time playing ice hockey, softball, drums

Airman 1st Class Tim Finch Jr., 90th Security Forces Squadron, sat down with Airman 1st Class Connor Elayan recently to talk about his job as a patrolman on base, hockey and his plans for the

What do you do at the 90th **Security Forces Squadron?**

I am a patrolman on base. I'm also in training to become a desk

Describe your typical work day.

The flight arms up very early in the morning. We stand for guardmount and open ranks. Once guardmount breaks, I conduct change over. Then I'll patrol the base, assuming police duties until relieved.

What violation do you find the most Warren members get stopped for?

Speeding is always an issue down near Gate 2 and near the Child Development Center but, lately we've been catching people racing the train on Old Glory Road.

Cell phone use while driving has recently been banned on base. Have most Warren members been complying with this new policy?

Over the past weeks I have noticed a heavy decrease in cell phone usage while operating a motor vehicle.

What do you think other people misunderstand or take for granted about your job?

All of the behind-the-scenes work. Many of my fellow patrolman and I have stayed many hours after work finishing paper work and came in during days off to finish reports. They misunderstand the hours and dedication to our job. Also, people have assumed that we are out to get them.

Why is your job so important to the base?

We keep the base in order. The troops out in the Weapons Storage Area provide dedicated protection to secure our resources.

What made you decide to join the Air Force?

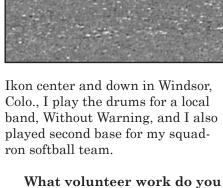
After September 11, 2001 I knew I wanted to join the military to defend my country.

What's your favorite part about working at Warren?

My favorite part about working at Warren is my job. I want to pursue the career as a police officer, so this gives me an opportunity to witness what it's like first hand.

What activities do you participate in during off duty time?

I play ice hockey down at the



do?

When I have time, I volunteer down at the Cheyenne Animal Shelter off Lincolnway.

Who is your hero? Why?



My mom. She raised 4 kids by herself and worked 3 jobs. It wasn't easy.

Tell me a little bit about your family. I have a younger brother and two younger sisters.

What are your plans for the future?

I would like to move to Florida and become a Florida Highway Patrol Officer.



Services

Texas Hold 'Em Buffet May 13

Come to the club May 13 for the Texas Hold 'Em Buffet. Buffet begins at noon and games begin at 1 p.m. Prizes will be awarded for 1st, 2nd and 3rd places. Enter by May 8 and save. Club members: \$20, eligible nonmembers and bona fide guests: \$25. After May 8, entry fees are, club members: \$25, eligible nonmembers and bona fide guests: \$30. Participants must be at least 18 years old. Call the club at 773-3048 for more information.

Spring Warren Cup

Play in the Spring Warren Cup May 6. Entry fee is \$15 for members and \$25 for nonmembers. Carts not included. Sign up in the Pro Shop. For more information, call the Warren Golf Course at 773-3556.

Archery Range

Archery is now available on base in Building 313. Those interested in using the range must have their own equipment and take a certification class. Experienced archers can take the basic certification class for \$10 and those with little or no experience are required to take the instructional certification class for \$25. To schedule a certification class call 773-3510. Once certified, the range is available by key check-out from the community center.

Colorado Rockies Baseball Trip May 7

Let Outdoor Recreation take you out to the ball game when the Colorado Rockies take on the Houston Astros May 7. Trip departs ODR at 10 a.m. for 1: 05 p.m. game time. Cost is \$40 per person and includes ticket, stadium door drop off and round trip transportation. Call 773-2988 for more information.

Summer Camp Registration at Youth Center

Summer Camp is a full weekly care program during the summer break for children currently enrolled in kindergarten through age 12. Children will have the opportunity to be involved in activities, clubs and field trips, nutritious meals and snacks. Registration begins May 1. Weekly fees are based on the total family income. There is a \$15 registration fee. Call the Youth Center at 773-2564 for more information.

Ceramics Class

Ages 8 and older are invited to the arts and crafts center for a ceramic class, 1 to 3 p.m. titled Mav 13 ramic mold pouring. On May 20, it's Greenware cleaning. On May 27, it's Ceramic painting and finishing. Cost is \$25 and includes all three sessions and materials. Children ages 8 to 14 must be accompanied by an adult. Sign up by May 6. For more information, call 773-3754.

Warren Triathlon

The 16th Annual Warren Triathlon is May 20. It's a 500-yard swim, 12-mile bike and a 2.5-mile run. Teams and individuals may participate. Entry fee is \$30 per individual or \$45 per team. Enter by May 17. Triathlon begins at 7 p.m. with packet pickup/checkin at 6:30 a.m. Age groups for individual entries are 29 and younger, 30 to 39, 40 to 49 and 50 and older. Team categories are men's, women's and mixed. Awards ceremony to follow at the post-race party.

Call the Aquatic Center at 773-3195 for more information.

Club Scholarships Offered

Air Force Club membership is helping members and their families combat the costs of higher education. Six individuals will be selected to receive a combined total of \$25,000 in scholarship money given away in the Air Force Club Membership Scholarship Program. To enter, write and submit an essay of 500 words or less on this year's topic: "Proud to be an American." Entry forms can be obtained at the Trail's End Club. For more information, call 773-3048.

Paintball is Open It's time to dust off that

marker and let the paint fly! Open play at the base paintball field (south of missile drive across from Famcamp) from 6 to 8 p.m. every Thursday in May. Cost is \$12 and includes marker, 20 oz Co2, first hopper of paint and safety gear. Additional paint is available for purchase onsite for \$60 per case, \$30 half case or \$20 for 500count bag. Bring your own equipment for only a \$5 use fee. No outside paintballs permitted. Sign up no later than 3 p.m. the day of play. The minimum age to play is 12. All players under 18 require parental permission.

Call outdoor recreation at 773-2988 for more information.

Cinco de Mayo Airman All Nighter

Airmen are invited to the Community Center May 5, 6 p.m to 3 a.m. for the Cinco de Mayo All Nighter. Dance the night away to DJ music. Enjoy karaoke, laser tag, movies, rock climbing and more. Beer and snacks will be available for purchase.

Call 773-3510 for more information.

Missile-aneous



CHECKING THE PIPES

From left: Recently Garth McQuilkin, Hubert Wetzel, 1st Lt. Joe Sundy and Brian Galles, 90th Civil **Engineer Squadron power** and electric, assisted workers from maintenance engineering by removing a trench lid to evaluate the condition of the pipes and insulation for the high temperature hot water distribution system near Building 305 recently.

Education briefs

Troops to Teachers

If you have considered teaching as a second career, the Troops to Teachers Program can provide assistance in making the transition. For more information, contact the education center at 773-2117.

Commissioning workshop

The education center is presenting a commissioning workshop at 2 p.m., May 9 at the education center, Room 24. Presentations will include AFROTC programs, Officer Training School and the Air Force Academy and prep school. To register for the workshop or for more information on commissioning programs, call 773-2117.

Strong and MBTI available

The Strong Interest Inventory and Myers Briggs Type Indicator are available to take through the Warren Education Center. For more information, contact Sharon Edwards at 773-4889.

Need a tutor?

The education center staff has compiled a list of tutors available for active duty students enrolled in college courses. Those interested in obtaining the assistance of a tutor, call the education center at 773-2117.

Attention UOP students

A University of Phoenix representative is available from 1 to 3 p.m., Mondays at the education center to meet with students enrolled in UOP programs.

Attention AMU students

Richard McMullen, education coordinator for American Military University is scheduled to be available 10 a.m. to 2 p.m., Wednesday in Room 28 of the education center.

Commanders Access Channel 19

| EVENT | TIME |
|--------------------------------|--|
| Base Advertising | 12 to 12:30 a.m. |
| Pentagon Channel | 12:30 to 3 a.m. |
| Base Advertising | 3 to 3:30 a.m. |
| Pentagon Channel | 3:30 to 5 a.m. |
| Base Advertising | 5 to 7:01 a.m. |
| Peacekeeper Deactivation Video | 7:01 to 7:06 a.m. |
| Base Advertising | 7:06 to 8 a.m. |
| Pentagon Channel | 8 to 9 a.m. |
| Base Advertising | 9 to 9:01 a.m. |
| Peacekeeper Deactivation Video | 9:01 to 9:06 a.m. |
| Base Advertising | 9:06 to 9:30 a.m. |
| Pentagon Channel | 9:30 to 12 p.m. |
| Base Advertising | 12:00 to 12:01 p.m. |
| Peacekeeper Deactivation Video | 12:01 to 12:06 p.m. |
| Base Advertising | 12:06 to 12:30 p.m. |
| Pentagon Channel | 12:30 to 3 p.m. |
| Base Advertising | 3 to 3:01 p.m. |
| Peacekeeper Deactivation Video | 3:01 to 3:06 p.m. |
| Base Advertising | 3:06 to 3:30 |
| Pentagon Channel | 3:30 to 5 p.m. |
| Base Advertising | 5 to 5:01 p.m. |
| Peacekeeper Deactivation Video | 5:01 to 5:06 p.m. |
| Base Advertising | 5:06 to 5:30 p.m. |
| Pentagon Channel | 5:30 to 7 p.m. |
| Base Advertising | 7 to 7:01 p.m. |
| Peacekeeper Deactivation Video | 7:01 to 7:06 p.m. |
| Base Advertising | 7:06 to 7:30 p.m. |
| Pentagon Channel | 7:30 to 9 p.m. |
| Base Advertising | 7:01 to 7:06 p.m. 7:06 to 7:30 p.m. 7:30 to 9 p.m. 9 to 9:30 p.m. 9:30 p.m. to 12 a.m. |
| Pentagon Channel | 9:30 p.m. to 12 a.m. |

Tune in for the latest base information